

Sexuality

Newfoundland and Labrador Sexual Health Centre

The Newfoundland and Labrador Sexual Health Centre (formerly known as Planned Parenthood Newfoundland and Labrador) is a non-profit, pro-choice sexual health centre serving all parts of the province.

Their goal is to promote positive sexual health through education, community partnerships, information and services within an environment that supports and respects individual choice.

They offer the following services: pregnancy testing, physicians clinics, pregnancy options counselling, pap smears and breast exams, birth control counselling, healthy sexuality education, free condoms and packets of lubricant, fertility awareness, emergency contraception information, menopause information and resources, sexuality education for all phases of life, resource library, testing and treatment for sexually transmitted infections, support and referral for gay/lesbian/bisexual issues, affordable birth control options - pills, spermicides, female condoms etc., public speakers/workshops for schools, youth and community groups and agencies.

Contact Information:

203 Merrymeeting Road

St. John's, NL A1C 2W6

Phone: (709) 579-1009

Toll-Free Information Line: 1-877-NO-MYTHS (1-877-666-9847)

Email: info@nlsexualhealthcentre.org

Source: <http://www.nlsexualhealthcentre.org>.

Office Hours:

Monday & Friday: 9-5pm

Wednesday: 12-5pm

Tuesday & Thursday: 12-8pm

Doctor's Clinics:

Clinics are held five days a week. Please call ahead to book an appointment. Do not email or leave a message on their answering machine for an appointment.

Newfoundland and Labrador Sexual Assault Crisis Centre

The Newfoundland and Labrador Sexual Assault Crisis & Prevention Centre is a non-profit organization that exists to provide support and essential services to anyone impacted by sexual violence.

For 24 hour crisis help call:

1-800-726-2743 (province wide) or 726-1411 (St. John's region)

Contact Information:

For General Inquires

360 Topsail Road, Suite 101

St. John's, NL A1E 2B6

Phone: (709) 747-7757

Fax: (709) 747-7758

Email: Centre Coordinator, Barbara Wadman: coordinator@sexualassaultcenter.nf.net.

Source: <http://nlnsacpc.com/>.

Lesbian Bisexual Gay Transgender Support Groups:

For lesbian, bisexual, gay, transgendered, questioning, or curious youth.

Contact Information:

Please call 579-1009 for details

Newfoundland and Labrador Gays and Lesbians for Equality Inc. (NGALE)

Community-based, not-for-profit volunteer organization dedicated to providing support to and education for, gay, lesbian, bisexual, transgendered persons, and the public in general, in the province of Newfoundland and Labrador.

Contact Information:

Email: info@ngale.org

Source: www.ngale.org