

## **Illnesses and Bereavement**

## **Bereavement Association (St. John's Region)**

The Bereavement Association aims to identify, coordinate and develop resources related to bereavement that are available in our region. Information and support sessions are offered several times throughout the year. A resource person will present on a topic and there will be time for discussion and mutual support. Coping with the holidays is usually held the first week in December.

### Contact Information:

Pastoral Care Dept., General Hospital,  
300 Prince Philip Drive,  
St. John's, NL A1B 3V6  
Phone: (709) 777-6959  
Fax:(709) 777-7612  
Office is open to the public: 8:30 - 4:30.

## **Bereavement Resources**

Obituaries Today provides bereavement information for helping people go through the bereavement process. In addition, it provides information on how to comfort someone who is going through the bereavement process.

Source: <http://www.obituariestoday.com/Resources/>.

## **Canadian Cancer Society**

The Canadian Cancer Society is a national community-based organization of volunteers whose mission is to eradicate cancer and to enhance the quality of life of people living with cancer.

### Contact Information:

Eastern Regional Office  
P.O. Box 8921  
Second Floor, Viking Building  
Crosbie Road  
St. John's, NL A1B 3R9  
Phone: (709) 753-6520  
Toll-Free: 1-888-753-6520  
Fax: (709) 753-9314  
Email: [ccs@nl.cancer.ca](mailto:ccs@nl.cancer.ca)  
Source: <http://www.nfandlab.cancer.ca>

## **Candlelighters Association of Newfoundland and Labrador**

The Childhood Cancer Foundation Candlelighters Canada is a national, volunteer governed, charitable organization dedicated to improving the quality of life for children with cancer and their families. They achieve their goal through undertaking and supporting national initiatives resulting in the increased survival and wellbeing of children, and ultimately a cure for all childhood cancers.

### **Contact Information:**

Wendy Chaulk, President

P.O. Box 5846,

St. John's, NL A1C 5X3

Phone: (709) 745-7448; 1-866-745-4448

Fax:(709) 745-4442

Source: <http://www.candlelighters.ca/index.html>

## **Grief Issues**

Barrett's Funeral Homes provides people with helpful guidance on grief issues such as helping yourself heal, when a parent dies, accepting a loss, the grieving process, as well as a children's corner.

Source: [http://www.barretts.ca/Grief\\_Issues\\_-57447.html](http://www.barretts.ca/Grief_Issues_-57447.html).

## **Helping Children Deal with Death**

Carnell's Funeral Home has devoted this section of their website to presenting information on how to help children deal with death.

Source: <http://www.carnells.com/children.php>.

## Realtime Cancer

Realtime Cancer is focused on inspiring, informing and supporting young adults, ages 15-30, dealing with cancer. Sections of the website give a solid background of the history, current operations and plans for the future.

### Contact Information:

Realtime Cancer

P.O. Box 8171

St. John's, NL A1B 3M9

Phone: (709) 579-7325

Fax: (709) 579-7326

Toll-Free: 1-877-571-7325

Email: [hope@realtimecancer.org](mailto:hope@realtimecancer.org)

Office: Located 120 Kenmount Road, 2<sup>nd</sup> floor of the CarMax Building.

Source: <http://www.realtimecancer.org/default.asp>